

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

Australian Business Number: 75 926 608 653

9 CHARLTON STREET, SOUTHPORT. QLD 4215

TELEPHONE NUMBERS: LANDLINE – (07) 55 313 254 - MOBILE: 0400 849 573

Email: - colinoxenford@bigpond.com

Website: - www.goldcoaststrokesupportgroup.org.au

ANY *STROKE* (or Brain Attack) *SURVIVOR*

MEMBERS of their *FAMILY* their *CARER* (S)

And *OTHER INTERESTED MEMBERS OF THE PUBLIC*

ARE INVITED and WELCOME TO ATTEND OUR

JULY 2018 MONTHLY MEETING

GUEST SPEAKER - DR. ALAN SCOTT
Bonfire Chiropractic - Oxenford

TOPIC - WELLNESS WORKSHOP

If you never ever go, you will never ever know.

VENUE - The Undercroft,
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE - Wednesday, 4 July 2018

TIME - 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat with other attendees.

[For a Gold Coin Donation]

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

***PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE
STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!***

Colin A. Oxenford
Chairman and Co-ordinator
25 June 2018

Please note that the details of the **AUGUST MEETING** to be held on **Wednesday 1 AUGUST 2018** appear on the reverse]

***NATIONAL STROKE AWARENESS WEEK
(From Monday, 10 to Sunday 16 September 2018)***