

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

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ANY *STROKE* (or Brain Attack) *SURVIVOR*
***MEMBERS* of their *FAMILY* their *CARER* (S)**
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
JUNE 2018 MONTHLY MEETING

GUEST SPEAKER

JOLENE HILL

Founder & Director - Your Life Talks

TOPIC

YOUR LIFE TALKS

VENUE

- The Undercroft
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE

- Wednesday, 6 June 2018

TIME

- 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat.

[For a Gold Coin Donation]

I have been advised as follows: - I would like to invite you to find out more about [Your Life Talks](#) and our two sets of **Conversation Starter Cards**, plus our FREE online information website, called [Your Life Assist](#).

Families & Support Groups who have used our **Conversation Starter Cards** at their meetings (or privately) have reported that the experience was a positive and rewarding activity for everyone involved.

Even some schools who have 'Aged Care Home Visitation' programs whereby their students visit the elderly and engage them in conversation, have reported increased involvement/participation as a result of using the '[Your Life Story](#)' deck of cards.

'Everyone has a story to tell',.....so it's a good idea to start with cards from the [Your Life Story](#)' deck. Recalling their fondest memories and life experiences can be lots of fun. The groups/families will enjoy discovering stories from each other's childhoods and hearing about their early adult lives, and the adventures and anecdotes along the way.

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma ways and means to give you: -

A BETTER QUALITY OF LIFE.

Colin A. Oxenford
Chair2man and Co-Ordinator
17 April 2018

*[Please note that the details of the MONTHLY MEETING to be held on 2 May 2018 appears on the reverse]*7

Think F.A.S.T. Act FAST!