

# GOLD COAST STROKE SUPPORT GROUP

[ A supporter of National Stroke Foundation. ]

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**ANY *STROKE* (or Brain Attack) *SURVIVOR***  
**MEMBERS of their *FAMILY* their *CARER* (S)**  
**And *OTHER INTERESTED MEMBERS OF THE PUBLIC***  
**ARE INVITED and WELCOME TO ATTEND OUR**  
***NOVEMBER 2016 MONTHLY MEETING***

## GUEST SPEAKERS

[1] Ray (carer) & Ellen Hille [2] June Hordern [3] Piotr (Peter) Janus; and [4] Mary O'Dea (carer).

## TOPIC -

A *STROKE SURVIVOR / CARER'S STORY*

## VENUE

: The Undercroft,  
Rear Saint Peter's Anglican Church,  
Cnr. Nerang & High Streets, Southport.

## DAY AND DATE

: Wednesday, 2 November 2016

## TIME

: 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am.

**[For a Gold Coin Donation]**

*Why not come early and have a chat?*

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

**A BETTER QUALITY OF LIFE.**

There will be a **SOMERVILLE FUNERALS** sponsored *FINGER FOOD LUNCHEON AFTER* the meeting.

The food served will include: -

SANDWICHES – FRUIT PLATTERS USING FRUITS IN SEASON.

[Plus Fruit Juice. - Sandwiches are homemade.]

**PLEASE NOTE:** For catering purposes it will be necessary to give numbers attending.

**PLEASE RSVP to me by 5:00 pm on Monday 31/10/2016**

Colin A. Oxenford  
Chairman and Co-ordinator  
24 September 2016

**REMINDER - CHRISTMAS LUNCHEON – WEDNESDAY, 2 DECEMBER 2016**