

# GOLD COAST STROKE SUPPORT GROUP

[ A supporter of National Stroke Foundation ]

Australian Business Number: 75 926 608 653

9 CHARLTON STREET, SOUTHPORT. QLD 4215

TELEPHONE NUMBERS: LANDLINE – (07) 55 313 254 - MOBILE: 0400 849 573

Email: - [colinoxenford@bigpond.com](mailto:colinoxenford@bigpond.com)

Website: - [www.goldcoaststrokesupportgroup.org.au](http://www.goldcoaststrokesupportgroup.org.au)

**ANY *STROKE* (or Brain Attack) *SURVIVOR***  
***MEMBERS of their FAMILY their CARER (S)***  
***And OTHER INTERESTED MEMBERS OF THE PUBLIC***  
***ARE INVITED and WELCOME TO ATTEND OUR***  
***MARCH 2016 MONTHLY MEETING***

GUEST SPEAKER - CR. DAWN CRICHLOW OAM  
Division 6 Councillor, City of Gold Coast

TOPIC MY VISION FOR THE CITY OF GOLD COAST

VENUE - The Undercroft  
Rear Saint Peter's Anglican Church,  
Cnr. Nerang & High Streets, Southport.

DAY AND DATE - Wednesday, 2 March 2016

TIME - 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat.

**[For a Gold Coin Donation]**

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma ways and means to give you: -

***A BETTER QUALITY OF LIFE.***

***PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE***  
***STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!***

***FINGER FOOD LUNCHEON SPONSORED BY SOMERVILLE FUNERALS (held bi-monthly)***  
***NEXT LUNCHEON DAY – WEDNESDAY, 6 April 2016 – PLEASE MARK YOUR DIARY***

Colin A. Oxenford  
Chairman and Co-Ordinator  
25 January 2016

**Think F.A.S.T. Act FAST!**