

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

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ANY *STROKE* (or Brain Attack) *SURVIVOR*
MEMBERS of their FAMILY their CARER (S)
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
OCTOBER 2015 MONTHLY MEETING

GUEST SPEAKER - **KAREN GOSLING**
Social Worker, Transition Care, Southport, Qld

TOPIC **GETTING HELP AFTER HOSPITAL –**
things to know, before, during and after.

VENUE - **The Undercroft,**
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE - **Wednesday, 7 October 2015**

TIME - **11:00 am to 12:30 pm**

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat with other attendees.

[For a Gold Coin Donation]

Karen Gosling has advised me as follows: - *I would be pleased to speak to your group about the Transition Care Program – the eligibility, i.e. how you get on to the program, what it entails, and what the different clinicians do in the time available on the Program. As a social worker, I will outline the things the Social Worker can do ranging from adjustment counselling for the client and carer as well as how we assist with carer stress, helping to facilitate Enduring Power of Attorney and wills, and discuss the services available post-Transition Care Program to help the client and the carers.*

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE
STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!

Friday, 25 September 2015: -

CAO drove to the Allamanda Private Hospital Rehabilitation Unit where he obtained approximately 100 plain envelopes from Kristin Grieve. CAO handed the notice for the monthly meeting to be held on 7 October 2015 to Kristin Grieve for 100 notices to be photocopied.

Monday, 28 September 2015: -

CAO drove to Margaret Hamilton's home where they put the address labels on the envelopes then put the notices for the monthly meeting to be held on 7 October 2015 into the envelopes for posting.

CAO & Margaret Hamilton then stamped all the envelopes for posting (82) on the reverse side with the "GCSSG" marking stamp.

CAO then drove to the Allamanda Private Hospital Rehabilitation Unit where the envelopes were handed to Kristin Grieve for posting.

THERE WERE 2xx NOTICES IN TOTAL FROM THE MAILING LIST OF LABELS. (78 posted (28/9/2015) plus 4 from telephone contact list (posted on 28/9/2015) plus 163 e-mails). There were also 365 Notices to The Friends of GCSSG; 15 Notices sent to the Mayor and 14 Gold Coast City Council Councillors; 10 notices to State Government MPs 6 notices to Federal Government MPs and 12 Radio Stations sent by e-mail

The details are as follows: -

	<i>TOTAL</i>	<i>POSTED</i>	<i>DELIVERIES</i>	<i>E-MAILS</i>
<i>MAILING LIST</i>	<i>216</i>	<i>78</i>	<i>0</i>	<i>138</i>
<i>TELEPHONE CONTACTS</i>	<i>4</i>	<i>4</i>	<i>Nil</i>	<i>Nil</i>
<i>FRIENDS OF GCSSG</i>	<i>365</i>	<i>Nil</i>	<i>Nil</i>	<i>365</i>
<i>GOLD COAST RADIO STATIONS</i>	<i>12</i>	<i>Nil</i>	<i>Nil</i>	<i>12</i>
<i>GOLD COAST CITY COUNCIL</i>	<i>15</i>	<i>Nil</i>	<i>Nil</i>	<i>15</i>
<i>FEDERAL MPs</i>	<i>6</i>	<i>Nil</i>	<i>Nil</i>	<i>6</i>
<i>STATE MPs</i>	<i>10</i>	<i>Nil</i>	<i>Nil</i>	<i>10</i>
 <i>TOTALS</i>	 <i>628</i>	 <i>82</i>	 <i>0</i>	 <i>546</i>