

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

Australian Business Number: 75 926 608 653

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*ANY STROKE (or Brain Attack) SURVIVOR
MEMBERS of their FAMILY their CARER (S)
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
MARCH 2015 MONTHLY MEETING*

<u>GUEST SPEAKER</u>	-	BARBARA WICKS Exercise Physiologist MAppSc (ClinExSc)(UQ)
<u>TOPIC</u>		iCARE REHABILITATION
<u>VENUE</u>	-	The Undercroft Rear Saint Peter's Anglican Church, Cnr. Nerang & High Streets, Southport.
<u>DAY AND DATE</u>	-	Wednesday, 4 March 2015
<u>TIME</u>	-	11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat.

[For a Gold Coin Donation]

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma ways and means to give you: -

A BETTER QUALITY OF LIFE.

***PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE
STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!***

***FINGER FOOD LUNCHEON SPONSORED BY SOMERVILLE FUNERALS (held bi-monthly)
NEXT LUNCHEON DAY – WEDNESDAY, 1 April 2015 – PLEASE MARK YOUR DIARY***

Colin A. Oxenford
Chairman and Co-Ordinator
24 February 2015

[Please note that the details of the MONTHLY MEETING to be held on 1 April 2015 appears on the reverse]

Think F.A.S.T. Act FAST!

THERE WERE 215 NOTICES IN TOTAL FROM THE MAILING LIST OF LABELS. (90 posted (22/1/2014) + 132 e-mails) plus 7 from telephone contact to CAO (posted on 22/1/2014). Plus 258 Notices to The Friends of GCSSG; 15 Notices sent to the Mayor and fourteen Gold Coast City Council Councillors; 10 to State Government MPs; 7 to Federal MPs and 12 to GC Radio Stations sent by e-mail).

The details are as follows: -

	<i>TOTAL</i>	<i>POSTED</i>	<i>DELIVERIES</i>	<i>E-MAILS</i>
<i>MAILING LIST</i>	<i>215</i>	<i>83</i>	<i>Nil</i>	<i>132</i>
<i>TELEPHONE CONTACTS</i>	<i>7</i>	<i>7</i>	<i>Nil</i>	<i>Nil</i>
<i>GOLD COAST CITY COUNCIL</i>	<i>15</i>	<i>Nil</i>	<i>Nil</i>	<i>15</i>
<i>STATE MPs</i>	<i>10</i>	<i>Nil</i>	<i>Nil</i>	<i>10</i>
<i>FEDERAL MPs</i>	<i>7</i>	<i>Nil</i>	<i>Nil</i>	<i>7</i>
<i>GOLD COAST RADIO STATIONS</i>	<i>12</i>	<i>Nil</i>	<i>Nil</i>	<i>12</i>
<i>FRIENDS OF GCSSG</i>	<i>258</i>	<i>Nil</i>	<i>Nil</i>	<i>258</i>
<i>TOTALS</i>	<i>524</i>	<i>90</i>	<i>Nil</i>	<i>434</i>