

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

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*ANY **STROKE** (or Brain Attack) **SURVIVOR**
MEMBERS of their **FAMILY** their **CARER** (S)
And **OTHER INTERESTED MEMBERS OF THE PUBLIC**
ARE INVITED and WELCOME TO ATTEND OUR
FEBRUARY 2015 MONTHLY MEETING
*[Our first meeting for the year]**

<u>GUEST SPEAKER</u>	-	LEN THOMPSON Secretary, Men's Shed, Labrador
<u>TOPIC</u>	-	MEN'S SHEDS
<u>VENUE</u>	-	The Undercroft, Rear Saint Peter's Anglican Church, Cnr. Nerang & High Streets, Southport.
<u>DAY AND DATE</u>	-	Wednesday, 4 February 2015
<u>TIME</u>	-	11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat with other attendees.

[For a Gold Coin Donation]

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

SOMERVILLE FUNERALS are hosting a *FINGER FOOD LUNCHEON* **AFTER** the meeting.

The food served will include: -

SANDWICHES - FRUIT PLATTERS USING FRUITS IN SEASON.

[Plus Fruit Juice. - Sandwiches are homemade.]

PLEASE NOTE: For catering purposes it will be necessary to give numbers attending.

RSVP to me by 5:00 pm on Monday 2 FEBRUARY 2015

Colin A. Oxenford
Chairman and Co-ordinator
28 January 2015

PLEASE REMEMBER: - STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!