

# GOLD COAST STROKE SUPPORT GROUP

[ A supporter of National Stroke Foundation ]

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**ANY *STROKE* (or Brain Attack) *SURVIVOR***  
**MEMBERS of their *FAMILY* their *CARER* (S)**  
**And *OTHER INTERESTED MEMBERS OF THE PUBLIC***  
**ARE INVITED and WELCOME TO ATTEND OUR**  
***SEPTEMBER 2014 MONTHLY MEETING***

**GUEST SPEAKER**

- ROBERT ROMA

Sales & Marketing Co-ordinator St Vincent's Care Services

**TOPIC**

RESIDENTIAL AGED CARE & RETIREMENT LIVINGSS

**VENUE**

- The Undercroft,  
Rear Saint Peter's Anglican Church,  
Cnr. Nerang & High Streets, Southport.

**DAY AND DATE**

- Wednesday, 3 September 2014

**TIME**

- 11:00 am to 12:30 pm

**NOTE:** - Morning tea will be served from 10:30 am. Come early and have a chat with other attendees.

***[For a Gold Coin Donation]***

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

***A BETTER QUALITY OF LIFE.***

***PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE***  
***STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!***

Colin A. Oxenford  
Chairman and Co-ordinator  
28 July 2014

*[ Please note that the details of the **MONTHLY MEETING** to be held on **6 AUGUST 2014** appears on the reverse ]*

***NATIONAL STROKE AWARENESS WEEK 2014***  
***[From Monday, 8 to Sunday, 14 September 2014]***

Monday, 28 July 2014:-

CAO drove to the Allamanda Rehabilitation Unit where he obtained approximately 100 plain envelopes and seven X 14 labels to the page from Kristin xx.

Later on in the afternoon CAO put the labels onto the envelopes for posting.

Tuesday, 29 July 2014:-

CAO drove to the Allamanda Rehabilitation Unit where Kristin xx printed off 100 copies of the 6 August and 3 September 2014 Notices of Monthly Meetings.

Ray and Kay from the Allamanda Rehabilitation Unit assisted CAO in putting the 6 August and 3 September 2014 Notices of Monthly Meetings into the envelopes for posting. CAO then gave the envelopes (87) to Jane on the Reception desk for posting.

CAO then handed out notices in the Allamanda Private Hospital "Rehabilitation Unit".

THERE WERE 217 NOTICES IN TOTAL FROM THE GCSSG MAILING LIST OF LABELS. (82 posted (29/7/2014) + 135 e-mails) plus 5 from telephone contact to CAO (posted on 29/7/2014). Plus 298 Notices to The Friends of GCSSG; 15 Notices sent to the Mayor and 14 Gold Coast City Council Councillors; 10 to State Government MPs; 6 to Federal MPs and 12 Radio Stations sent by e-mail

The details are as follows: -

	<i>TOTAL</i>	<i>POSTED</i>	<i>DELIVERIES</i>	<i>E-MAILS</i>
<i>MAILING LIST</i>	<i>217</i>	<i>82</i>	<i>Nil</i>	<i>135</i>
<i>TELEPHONE CONTACTS</i>	<i>5</i>	<i>5</i>	<i>Nil</i>	<i>Nil</i>
<i>GOLD COAST CITY COUNCIL</i>	<i>15</i>	<i>Nil</i>	<i>Nil</i>	<i>15</i>
<i>STATE MPs</i>	<i>10</i>	<i>Nil</i>	<i>Nil</i>	<i>10</i>
<i>FEDERAL MPs</i>	<i>6</i>	<i>Nil</i>	<i>Nil</i>	<i>6</i>
<i>GOLD COAST RADIO STATIONS</i>	<i>12</i>	<i>Nil</i>	<i>Nil</i>	<i>12</i>
<i>FRIENDS OF GCSSG</i>	<i>298</i>	<i>Nil</i>	<i>Nil</i>	<i>298</i>
 <i>TOTALS</i>	 <i>563</i>	 <i>87</i>	 <i>Nil</i>	 <i>476</i>

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*[From Monday, 8 to Sunday, 14 September 2014]*