

# GOLD COAST STROKE SUPPORT GROUP

[ A supporter of National Stroke Foundation ]

Australian Business Number: 75 926 608 653

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**ANY *STROKE* (or Brain Attack) *SURVIVOR***  
***MEMBERS* of their *FAMILY* their *CARER* (S)**  
***And OTHER INTERESTED MEMBERS OF THE PUBLIC***  
***ARE INVITED and WELCOME TO ATTEND OUR***  
***MARCH 2014 MONTHLY MEETING***

GUEST SPEAKER - TERRY LINDSAY  
Qualified Trainer/ Assessor (Technology Training Group))  
TOPIC - SIMPLICITY (A Computer System designed for Seniors)  
VENUE - The Undercroft  
Rear Saint Peter's Anglican Church,  
Cnr. Nerang & High Streets, Southport.  
DAY AND DATE - Wednesday, 5 March 2014  
TIME - 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat.

**[For a Gold Coin Donation]**

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma ways and means to give you: -

***A BETTER QUALITY OF LIFE.***

***PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE***  
***STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!***

***FINGER FOOD LUNCHEON SPONSORED BY SOMERVILLE FUNERALS (held bi-monthly)***  
***NEXT LUNCHEON DAY – WEDNESDAY, 3 April 2014 – PLEASE MARK YOUR DIARY***

Colin A. Oxenford  
Chairman and Co-Ordinator  
22 January 2014

*[Please note that the details of the **MONTHLY MEETING** to be held on 5 **FEBRUARY 2014** appear on the reverse]*

**Think F.A.S.T. Act FAST!**