

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation.]

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ANY *STROKE* (or Brain Attack) *SURVIVOR*

MEMBERS of their FAMILY their CARER (S)

And OTHER INTERESTED MEMBERS OF THE PUBLIC

ARE INVITED and WELCOME TO ATTEND OUR

NOVEMBER 2013 MONTHLY MEETING

GUEST SPEAKERS

[1] Kim (Carer) &, Beatrice Armstrong; [2] Mary Hawtin;
[3] Geoffrey Moreira; [4] Marilyn Swaby (Carer); and (5)
Ian Young.

TOPIC -

A STROKE SURVIVOR / CARER'S STORY

VENUE

: The Undercroft,
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE

: Wednesday, 6 November 2013

TIME

: 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am.

[For a Gold Coin Donation]

Why not come early and have a chat?

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

There will be a **SOMERVILLE FUNERALS** sponsored ***FINGER FOOD LUNCHEON AFTER*** the meeting.

The food served will include: -

SANDWICHES – SLICES AND CAKES – FRUIT PLATTERS USING FRUITS IN SEASON.

[Plus Fruit Juice. - Sandwiches are homemade.]

PLEASE NOTE: For catering purposes it will be necessary to give numbers attending.

PLEASE RSVP to me by 5:00 pm on Monday 4/11/2013

Colin A. Oxenford
Chairman and Co-ordinator
28 October 2013

[Please read the newsletter on the reverse side]

REMINDER - CHRISTMAS LUNCHEON – WEDNESDAY, 4 DECEMBER 2013