

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

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ANY STROKE (or Brain Attack) SURVIVOR
MEMBERS of their FAMILY their CARER (S)
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
AUGUST 2013 MONTHLY MEETING

GUEST SPEAKER - CATHY McCANN
Day Respite Co-Ordinator – Nerang Community Respite Care Assc.
TOPIC - FIND OUT ABOUT YOUR OPTIONS TO GET OUT AND ABOUT
VENUE - The Undercroft,
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.
DAY AND DATE - Wednesday, 7 August 2013
TIME - 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat with other attendees.

[For a Gold Coin Donation]

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word July result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They July be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

SOMERVILLE FUNERALS are hosting a ***FINGER FOOD LUNCHEON AFTER*** the meeting.

The food served will include: -

SANDWICHES – FRUIT PLATTERS USING FRUITS IN SEASON.

[Plus Fruit Juice. - Sandwiches are homemade.]

PLEASE NOTE: For catering purposes it will be necessary to give numbers attending.

PLEASE RSVP to me by 5:00 pm on Monday 5 August 2013

Colin A. Oxenford
Chairman and Co-ordinator
24 July 2013

*[Please note that the details of the **MONTHLY MEETING** to be held on 4 **SEPTEMBER 2013** appears on the reverse]*

NATIONAL STROKE AWARENESS WEEK -
[From Monday, 9 to Sunday, 15 September 2013]