

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation]

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ANY *STROKE* (or Brain Attack) *SURVIVOR*
MEMBERS of their FAMILY their CARER (S)
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
MARCH 2013 MONTHLY MEETING

GUEST SPEAKER - **DAVID PRICE**
PEER EDUCATOR AT COTA (Council of the Aging)

TOPIC **BEYOND MATURITY BLUES**

VENUE - **The Undercroft**
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE - **Wednesday, 6 March 2013**

TIME - **11:00 am to 12:30 pm**

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat.

[For a Gold Coin Donation]

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma ways and means to give you: -

A BETTER QUALITY OF LIFE.

PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE
STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!

FINGER FOOD LUNCHEON SPONSORED BY SOMERVILLE FUNERALS (held bi-monthly)
NEXT LUNCHEON DAY – WEDNESDAY, 3 April 2013 – PLEASE MARK YOUR DIARY

Colin A. Oxenford
Chairman and Co-Ordinator
22 January 2013

[Please note that the details of the **MONTHLY MEETING** to be held on **6 FEBRUARY 2013** appear on the reverse]

Think F.A.S.T. Act FAST!