

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation.]

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*ANY **STROKE** (or Brain Attack) **SURVIVOR**
MEMBERS of their **FAMILY** their **CARER** (S)
And **OTHER INTERESTED MEMBERS OF THE PUBLIC**
ARE INVITED and WELCOME TO ATTEND OUR
NOVEMBER 2012 MONTHLY MEETING*

GUEST SPEAKERS : [1] Lan Gao (Carer for her husband, Wen); [2] Gary &
....will include Eady Baker; [3] John McNaughton and [4] Brian &
Patricia Stevenson.

TOPIC - *A STROKE SURVIVOR / CARER'S STORY*

VENUE : The Undercroft,
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE : Wednesday, 7 November 2012

TIME : 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am.

[For a Gold Coin Donation]

Why not come early and have a chat?

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

There will be a **SOMERVILLE FUNERALS** sponsored *FINGER FOOD LUNCHEON AFTER* the meeting.

The food served will include: -

SANDWICHES – SLICES AND CAKES – FRUIT PLATTERS USING FRUITS IN SEASON.

[Plus Fruit Juice. - Sandwiches are homemade.]

PLEASE NOTE: For catering purposes it will be necessary to give numbers attending.

PLEASE RSVP to me by 5:00 pm on Monday 5/11/2012

Colin A. Oxenford
Chairman and Co-ordinator
22 October 2012

[Please read the newsletter on the reverse side]

REMINDER - CHRISTMAS LUNCHEON – WEDNESDAY, 5 DECEMBER 2012

Monday, 22 October 2012: -

CAO and Brian Arnold drove to Community Health, Bundall where 130 copies of the 2 November 2012 Notices of Meeting to be put into the envelopes for posting and another 125 copies of the Notice of Meeting for distribution and display of the Notice of Meeting were photocopied. They also copied 50 A5 copies and 30 A4 copies for the Christmas Luncheon and 75 copies of the Christmas Luncheon Acceptance Form.

CAO Brian Arnold and Kaye Ryan put the notices into the envelopes for posting.

The notices for 1/ Allamanda Private Hospital; 2/ Brian Arnold; 3/ Charm, Miami; 4/ John Dickson; 5/ Feelgood Corner Store; 6/ Aileen Hannah and 7/ Lorna Lippold 8/ Kathleen Mancini and 9/ Fay Nicholson (BA) were removed from the envelopes for posting for delivery by Colin Oxenford and/or Brian Arnold.

CAO and Kaye Ryan then stamped all the envelopes for posting (116) on the reverse side with the "Speech Therapy" marking stamp.

CAO and Brian Arnold then drove to the Gold Coast Hospital where he placed the envelopes (116) in the slot in the MailRoom for posting.

CAO and Brian Arnold commenced the delivery of the hand delivery envelopes on this afternoon. (All were delivered including the GCH and Allamanda Private Hospital)

Thursday, 27 October 2012: -

THERE WERE 219 NOTICES IN TOTAL FROM THE MAILING LIST OF LABELS. (105 posted (27/10/2012) & 9 deliveries + 105 e-mails) plus 11 from telephone contact to CAO (posted on 27/10/2012). Plus 105 Notices to The Friends of GCSSG; 15 Notices sent to the Mayor and fourteen Gold Coast City Council Councillors; 10 to State Government MPs; 7 to Federal MPs and 12 to GC Radio Stations sent by e-mail).

The details are as follows: -

	<i>TOTAL</i>	<i>POSTED</i>	<i>DELIVERIES</i>	<i>E-MAILS</i>
<i>MAILING LIST</i>	<i>219</i>	<i>105</i>	<i>9</i>	<i>105</i>
<i>TELEPHONE CONTACTS</i>	<i>11</i>	<i>11</i>	<i>Nil</i>	<i>Nil</i>
<i>GOLD COAST CITY COUNCIL</i>	<i>15</i>	<i>Nil</i>	<i>Nil</i>	<i>15</i>
<i>STATE MPs</i>	<i>10</i>	<i>Nil</i>	<i>Nil</i>	<i>10</i>
<i>FEDERAL MPs</i>	<i>7</i>	<i>Nil</i>	<i>Nil</i>	<i>7</i>
<i>GOLD COAST RADIO STATIONS</i>	<i>12</i>	<i>Nil</i>	<i>Nil</i>	<i>12</i>
<i>FRIENDS OF GCSSG</i>	<i>105</i>	<i>Nil</i>	<i>Nil</i>	<i>105</i>
 <i>TOTALS</i>	 <i>379</i>	 <i>116</i>	 <i>9</i>	 <i>254</i>