

NEWSLETTER

On reverse of Notice of Meeting to be held on 6 June 2012

MONTHLY MEETING 2 May 2012

Andy Turner gave his address and a demonstration of the "Bioness L300 device". This appears to be a very new tool which it is hoped will assist Stroke Survivors with their mobility problems post Stroke. The device is attached to a person's leg and has attachments running down to the shoe on the foot which sends out a signal to the wearer. At the end of his address Andy attached the device to the leg of Kevin Cleveland to give a practical demonstration of how the device works. The device is being trialled in the Rehabilitation Units of a number of hospitals and the outcome of these trials will be eagerly awaited. Anything to assist people with a mobility disability after their Stroke will be most welcome.

We thank Andy for the giving up of his time to address our group.

There were ten prizes in the raffle held on the day. Prizes consisted of dairy products of a (1) one litre plastic container of **NORCO LITE FRESH MILK**; (2) A plastic container of **NORCO VANILLA CUSTARD** 600g; (3) Two **SKI D'LITE Honey Buzz YOGHURT 99% Fat Free** 200g & (4) One **NORCO MAMMOTH FUEL Iced Coffee** 500ml kindly donated by Norco Milk our Local Milk Manufacturer.

FINGER FOOD LUNCHEON

Those people who were at the last meeting will recall that I informed the attendees of the importance of registering their attendance at these meetings. Forty-seven (47) people attended the April "Finger Food Luncheon" meeting and of this number forty-three (43) stayed for the Luncheon. Twelve (12) of the forty-three who stayed for the luncheon did not give me an RSVP or let me know their intentions. It is imperative to give me your RSVP for these luncheon meetings. As I explained to the last meetings' attendees if you do not let me know your intention to

attend on the day it will only be a matter of time before there will be insufficient food to go around. As a consequence it will be greatly appreciated if you would give me your RSVP by the date advised, 4 June 2012. This will greatly help with the catering arrangements. Thank you.

RAFFLE

Niall Geoghegan from TLC Meals has advised me as follows: -

Tender Loving Cuisine (TLC Meals) are continuing their expansion into South East Queensland as their home delivered meal service extends into Logan, Ipswich, East Brisbane and North Brisbane over the coming months. If you are tired of cooking for yourself or would just like a break from the same old routine then why not try their quality home cooked style meals by calling 1800 801 200 or visit them online at tlc.org.au. Call TLC Meals before noon on Thursdays to ensure a delivery on Tuesday or Wednesday of the following week.

Niall has donated five (5) TLC roast lamb Meals as prizes for the raffle at the 6 June 2012 meeting.

In addition anyone ordering TLC Meals before 30 June 2012 will receive one additional meal free of charge with each order.

GUEST SPEAKER

I am advised as follows: -

Kelli has been a speech pathologist for over 20 years. She has a background in both adults and paediatrics but has specialised in the adult field for the past 16 years, and in particular, acute hospital care, aged care facilities and as a DVA provider.

She has worked in the UK, and was a senior

speech pathologist at the Gold Coast Hospital prior to establishing her private speech pathology practice in 1998. Since this time, she has provided services in all of the private hospitals on the coast, in numerous aged care facilities and has worked with many DVA clients. Kelli has also assisted with speech pathology services at Blue Care, Transition Care, CHARM and more recently has been involved with the Gold Coast Division of General Practice in their aged care projects.

She is passionate about the care of the elderly and specialises in aged care, particularly in the management of swallowing disorders and rehabilitation therapy post-stroke. Over the years she has been involved in many multidisciplinary teams, and has provided extensive training and education to staff, patients/residents and families within her role of Speech Pathologist.

As a person who completely lost his voice after his Stroke I am well aware and appreciative of the role of the Speech Pathologist post Stroke.

Please endeavour to make an effort to attend this meeting. Kelli Carson has taken an active role in her support for our group and should prove to be a very interesting guest speaker especially for all Stroke Survivors and/or their carers who have speech difficulties. I believe that the meeting will be very informative and urge you to attend and remind you:-

***"You'll never, never know
if you never, ever go".***

I look forward to welcoming & seeing you all at this meeting. Don't forget to RSVP for the Luncheon.

Colin A. Oxenford

28 May 2012

YOUR HEALTH IS YOUR WEALTH