

NEWSLETTER

On reverse of Notice of Meeting to be held on 7 September 2011

MONTHLY MEETING 3 August 2011

Steven Ciobo MP was the guest speaker at our August monthly meeting. Kevin Cleveland sent me an e-mail after the meeting which said: - *Enjoyed the August meeting and all the attendee's appreciated seeing and hearing Federal M.P. Steven Ciobo telling us of the Federal seats that made up the Gold Coast area and what was what, he then went on to tell us all the bad things and good things that are to come out of this fiasco called THE CARBON TAX, cause that is what it is, another TAX. Then followed a robust Q & A and had attendee's asking a few pertinent questions. It is very interesting to get different viewpoints on a range of issues.*

We sincerely thank Steven Ciobo MP for the address he gave to the members of our group. It was very much enjoyed by the attendees.

ATTENDANCE: Noelen Santry greeted and welcomed 35 attendees to this meeting. [19 Stroke Survivors, 9 Carers & 7 others]. There were 30 apologies [12-6-12] with 2 first time attendees [0-0-2]. The attendance was achieved from 341 Notices - 109 names from the mailing list and 11 telephone contacts posted through the GCH and 6 deliveries (*put into the envelopes by James Davies & me*) plus 215 e-mails. I also delivered or handed out another 100 odd notices to individuals & other organisations (*including both hospitals*).

RAFFLE: There were ten prizes for the raffle. Tickets were \$1 each or three for \$2.00 Bill & Caryl Callcott sold 96 tickets from which we received \$65.40 All prize-winners won a (1) one litre plastic container of **NORCO LITE FRESH MILK**; (2) A plastic container of **NORCO VANILLA CUSTARD** 600g; (3) Two **SKI D'LITE (Honey Buzz) YOGHURT 99% Fat Free** 200g & (4) One **NORCO COFFEE CHILL** Real Cool Coffee 500ml. The prize winners also won the prize in brackets after their name. They were: (1) Patricia Stevenson (*Won a six double strand Necklace made and donated by Sylvia Dick*) (2) Mary Williams (3) Patricia Stevenson (4) Vince Cronan (*Winners 2 to 4 won a 'STROKE FOUNDATION' Calico carry bag*) (5) Brian Stevenson (6) Lynn Aldridge (7) Caryl Callcott (8) Doreen Chapman (*Winners 5 to 8 won a Stroke Association of Queensland Calico carry*

bag). (9) Bert Morris and (10) Lynn Aldridge (*Winners 9 & 10 won a HAAC Home and Community Care Calico carry bag*).

2011 G COAST SENIOR'S FORUM & EXPO Bill & Caryl Callcott, Ray Razon and I manned a stand and handed out brochures etc at the above Forum & Expo hosted by Steven Ciobo MP and Karen Andrews MP. The event was held at Jupiter's Casino on Monday, 1 August 2011. About 1,000 people attended the Expo and there were several enquiries made of us for information about Stroke.

SENIOR'S WEEK 2011

1/ SIGHT LOSS CENTRE

Brian Arnold, Ray Razon and I manned a Display Stand at the Sight Loss Centre on Wednesday, 24 August 2011 where we handed out Stroke brochures and literature on the day. This event was not well attended and this was probably a result of the inclement weather on the day.

2/ THE PINES SHOPPING CENTRE

Ray Razon and I manned a Display Stand at "The Pines" Shopping Centre, Elanora on Thursday, 25 August 2011. This event was very well attended by the members of the public and we handed out quite a large amount of Stroke brochures and literature on the day.

These three events give us the opportunity to bring the devastating effects of Stroke to the general public's attention.

NATIONAL STROKE AWARENESS WEEK

This year National SAW is being held from 12 to 18 September 2011.

Activities organized to date include: -

1. MONDAY, 12 SEPTEMBER 2011

Gold Coast launch of National Stroke Awareness Week. Please refer to the attached Notice for details of this event to launch SAW here on the Gold Coast.

2 WEDNESDAY, 14 SEPTEMBER 2011; THURSDAY, 15 SEPTEMBER 2011 AND FRIDAY, 16 SEPTEMBER 2011

We will again be having a Display Stand at the Southport Park Shopping Centre on each of the above three (3) days at which free blood pressure tests will be available to members of the public. You are reminded of the words of Dr Max Williams when he addressed our group in February 2008. According

to Dr Williams the three highest risk factors for Stroke are: - (1) High Blood Pressure; (2) High Blood Pressure and (3) High Blood Pressure. Dr Williams informed those present that he cannot place enough emphasis on the importance he places on controlling high blood pressure to avoid a TIA and/or a Stroke.

Volunteers will be required to man the Display Stand for two shifts on each day from 9:00 am to 1:00pm and from 1:00 pm to 5:00 pm. Please let me know if you are available to assist in handing out Stroke brochures & literature on any of the three days.

GUEST SPEAKER

Cathy Martin has advised as follows: -

"Senator Sue Boyce was elected by the Queensland Parliament in April 2007 to fill a casual vacancy in the Commonwealth Senate and was elected in her own right at the Federal election in November 2007.

She holds an Honours degree from Monash University and a Masters of Business from the Queensland University of Technology.

Senator Boyce is the Deputy Chair of the Parliamentary Joint Committee on Corporations and Financial Services which monitors the activities of ASIC and the operation of corporations legislation throughout Australia. As a Joint Committee it takes direction from and reports to both Houses.

She is a member of the Senate Standing Committee on Community Affairs which is conducting a number of inquiries:

Planning Options and Services for People Ageing with a Disability;

Commonwealth contribution to former forced adoption policies and practices;

The effectiveness of the special arrangements established in 1999 under section 100 of the National Health Act 1953, for the supply of Pharmaceutical Benefits Scheme (PBS) medicines to remote area Aboriginal Health Services;

Senator Boyce is also a member of the Education, Employment and Workplace Relations - References Committee and the Senate Standing Committee on Legal and Constitutional Affairs.

Senator Boyce is a journalist by background. She has particular interests in Family & SME business needs and in disability issues."

I look forward to welcoming & seeing a large attendance at this meeting to hear Senator Sue Boyce's report first hand and remind you: -

**"You'll never, never know
if you never, ever go".**

Colin A. Oxenford
26 August 2011

NATIONAL STROKE AWARENESS WEEK 2011 - (From 12 to 18 September 2011)