

## NEWSLETTER

On reverse of Notice of Meeting to be held on 2 February 2011 (*first meeting for the year*)

### CHRISTMAS LUNCHEON 1/12/2010

**ATTENDANCE:** Our Christmas Luncheon in 2010 had the smallest attendance that we have had to our Christmas Luncheons to date. The attendance was very disappointing to me personally and I would like to know if anyone has a reason for the lack of response last year.

June Carroll greeted & welcomed 46 attendees to the Luncheon [21 *Stroke Survivors*, 14 *Carers* & 11 *others*]. There were 42 apologies [13-7-22] with 5 first time attendees [1-0-4]. The attendance was achieved from 277 Notices – 113. Names from the mailing list and 14 telephone contacts posted through the GCH and 7 deliveries (*put into the envelopes by Brian Arnold, June Carroll, Kaye Ryan, my mother & I*) plus 143 e-mails. I also delivered or handed out another 150 odd notices to individuals and other organisations.

**RAFFLE:** - There were ten prizes for the raffle. Tickets were \$1 each or three for \$2. Bill & Caryl Callcott sold 184 tickets from which we received \$115.00 All prize-winners won a (1) one litre plastic container of **NORCO FULL CREAM FRESH MILK**; (2) A plastic container of **NORCO VANILLA CUSTARD** 600g; (3) Two **SKI D'LITE Honey Buzz** **YOGHURT 99% Fat Free** 200g & (4) One **NORCO COFFEE CHILL** Real Cool Coffee 500ml. All prize winners also won two mystery prizes donated by Caryl Callcott & Kath Kinley. They were: (1) Lorna Lippold (2) Geoff Nicholas (3) Gay Ashcroft (4) Willi Murray (5) Malcolm Ragg (6) Jim Sherman (7) Brian Arnold (8) Patricia Eichhorn (9) Kaye Ryan and (10) Pat Stone (*The prize winners also won either a 'FAST' Calico carry bag; a Stroke Association of Queensland or a GC City Council Calico carry bag*).

Our sincere thanks go to the donors of all of the prizes for our raffles throughout the past years. In addition everyone's help and assistance with all of our meetings during the past year was also very much appreciated. A big **"THANK YOU"** to you all.

### NORCO MILK COMMUNITY CASH CAPS

We joined the Norco Pauls Collect-a-Cap program in March 2001. Since

then we have collected 291,896 caps from which we have earned \$30,314.20. A summary of the caps collected in 2010 is enclosed and the details of the total caps collected to 31/12/2010 are as follows: -

CAPS	YEAR	AMOUNT
9,177	2001	\$ 936.90
9,167	2002	\$ 1,125.00
35,833	2003	\$ 3,704.60
40,676	2004	\$ 4,072.90
29,382	2005	\$ 2,938.30
41,246	2006	\$ 4,647.40
45,764	2007	\$ 4,821.70
36,763	2008	\$ 3,678.50
22,674	2009	\$ 2,267.50
<u>21,214</u>	<u>2010</u>	<u>\$ 2,121.40</u>
<u>291,896</u>	<u>TOTALS</u>	<u>\$30,314.20</u>

Twenty-five people or establishments (28 in 2009) contributed to the 21,214 caps collected in 2010.

(*The 2010 collections were 1,460 caps down on 2009 for both caps collected (-6.44%) and money received also down (-6.44%).*)

Our congratulations go to the management and staff at **Spendelove Bar and Bistro** at The Brickworks, Southport who were the top collector for 2010 with 4,830 caps worth \$483.00. This is the third year that they have been our top collector.

To everyone who assisted with the collection of the 21,214 caps I say: **thank you, one and all, and keep up the good work.**

**NORCO MILK'S** caps from the plastic 2 and/or 3 litre containers of **NORCO FULL CREAM**; **NORCO ANLENE**; **NORCO LITE**; **NORCO SUPER SKIM**; **NORCO PERFECT ORGANIC AND NORCO CAPO** milk are the only ones acceptable and are worth 10¢ each to our group. The Caps must be washed and clean.

### SUMMARY OF 2010 MEETINGS

A summary of the 12 meetings held last year is enclosed. It will be noted that 648 people attended the 12 meetings in 2010. This was an average of 54 attendees (25-16-13) to our 12 meetings. This is three (or 5.88%) up on the 2009 average numbers.

197 people attended at least one of our 12 meetings during the year with five people (Kath Kinley; Doris Oxenford; Kaye Ryan; Ron Whimpey

and myself) attending all 12 meetings. Why not come to our meetings and become a 100% attendee?

I have previously requested all members who receive the notices to attend at least three of our meetings during the year. The average attendance would start at over 50 if everyone was able to do this.

SOMERVILLE FUNERALS sponsored a "Finger Food Luncheon" after five of the twelve meetings held in 2010.

We sincerely thank Jenny Crewes and SOMERVILLE FUNERALS for their generous after meeting bi-monthly "Finger Food Luncheon" sponsorship.

### YEPPPOON TRIP

Regretfully, I have cancelled our ninth trip to Yeppoon from 22 to 28 May 2011 due to a lack of support. Only five group members completed and returned a Reservation Request form. I put a huge effort into the organisation of this trip and I can't put into words the disappointment that I have felt as a result of having to cancel the trip. I have been able to make another reservation for 30 people from 17 to 23 July 2011. If you can go on these dates you are requested to complete the attached Reservation Request form and return it to me ASAP.

### GUEST SPEAKER

Susannah Singleton (C.Dec) from the office of Dr Alex Douglas State Member for Gaven has furnished the information in the attached biography about Dr Douglas. Dr Douglas has been doing extensive work in the flood affected areas and his secretary informs me that he has some very interesting stories to tell us.

Please endeavour to make a special effort to attend this, our first meeting for 2011. With such an interesting guest speaker it will be a good meeting to start your attendance to this year's meetings. I believe that the meeting will be very informative and I urge you to attend and remind you: -

**"You'll never, never know  
if you never, ever go".**

I look forward to welcoming & seeing you all at this meeting.

Colin Oxenford  
21 January 2011

YOUR HEALTH IS YOUR WEALTH