

GOLD COAST STROKE SUPPORT GROUP

[A supporter of the National Stroke Foundation
and of The Stroke Association of Queensland Inc.]

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ANY *STROKE* (or Brain Attack) *SURVIVOR*
MEMBERS of their FAMILY their CARER (S)
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
MAY 2011 MONTHLY MEETING

GUEST SPEAKER

- LISA MIKULANDRA
Niagara Consultant

TOPIC

- NIAGARA THERAPY

VENUE

- The Undercroft,
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.

DAY AND DATE

- Wednesday, 4 May 2011

TIME

- 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am.

[For a Gold Coin Donation]

Why not come early and have a chat?

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

PLEASE REMEMBER THE NATIONAL STROKE FOUNDATION'S IMPORTANT MESSAGE
STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!

FINGER FOOD LUNCHEON SPONSORED BY SOMERVILLE FUNERALS (held bi-monthly)
NEXT LUNCHEON – WEDNESDAY, 1 June 2011 – PLEASE MARK YOUR DIARY

Colin A. Oxenford
Chairman and Co-ordinator
27 April 2011

[Please read the information in the newsletter on the reverse side. Thank You.]

Think F.A.S.T. Act FAST!

Wednesday, 27 April 2011: -

CAO and Brian Arnold drove to Community Health, Bundall where 175 copies of the 4 May 2011 Notice of Meeting to be put into the envelopes for posting and another 125 copies of the Notice of Meeting for distribution and display of the Notice of Meeting were photocopied.

CAO & DMO and Brian Arnold put the notices into the envelopes for posting.

The notices for 1/ Allamanda Private Hospital; 2/ Brian Arnold; 3/ Charm, Miami; 4/ John Dickson; 5/ Feelgood Corner Store; 6/ Aileen Hannah; 7/ Kathleen Mancini were removed from the envelopes for posting for delivery by Colin Oxenford by himself and/or and Brian Arnold.

CAO and Brian Arnold then stamped all the envelopes for posting (127) on the reverse side with the "Speech Therapy" marking stamp.

CAO drove to the Gold Coast Hospital where he placed the envelopes (127) in the slot in the MailRoom for posting.

Wednesday, 23 April 2011: -

CAO commenced the delivery of the hand delivery envelopes on this day. (All were delivered except the GCH and Allamanda Private Hospital)

Friday, 24 April 2011: -

CAO and Brian Arnold finalised the delivery of the hand delivery envelopes to the GCH and Allamanda Private Hospital on this day.

THERE WERE 208 NOTICES IN TOTAL FROM THE MAILING LIST OF LABELS. (110 posted (25/3/2011) & 9 deliveries + 89 e-mails) plus 12 from telephone contact to CAO (posted on 25/3/2011). Plus 44 Notices to The Friends of GCSSG; 15 Notices sent to the Mayor and 14 Gold Coast City Council Councillors; 10 to State Government MPs and 7 to Federal MPs sent by e-mail).

The details are as follows: -

	<i>TOTAL</i>	<i>POSTED</i>	<i>DELIVERIES</i>	<i>E-MAILS</i>
<i>MAILING LIST</i>	<i>208</i>	<i>110</i>	<i>9</i>	<i>89</i>
<i>TELEPHONE CONTACTS</i>	<i>12</i>	<i>12</i>	<i>Nil</i>	<i>Nil</i>
<i>FRIENDS OF GCSSG</i>	<i>44</i>	<i>Nil</i>	<i>Nil</i>	<i>44</i>
<i>GOLD COAST CITY COUNCIL</i>	<i>15</i>	<i>Nil</i>	<i>Nil</i>	<i>15</i>
<i>FEDERAL MPs</i>	<i>7</i>	<i>Nil</i>	<i>Nil</i>	<i>7</i>
<i>STATE MPs</i>	<i>10</i>	<i>Nil</i>	<i>Nil</i>	<i>10</i>
 <i>TOTALS</i>	 <i>296</i>	 <i>122</i>	 <i>9</i>	 <i>165</i>