

GOLD COAST STROKE SUPPORT GROUP

[A supporter of National Stroke Foundation
and of The Stroke Association of Queensland Inc.]

Australian Business Number: 75 926 608 653

9 CHARLTON STREET, SOUTHPORT. QLD 4215

TELEPHONE NUMBERS: LANDLINE – (07) 55 313 254 - MOBILE: 0400 849 573

Email: - colinoxenford@bigpond.com

ANY STROKE (or Brain Attack) SURVIVOR
MEMBERS of their FAMILY their CARER (S)
And OTHER INTERESTED MEMBERS OF THE PUBLIC
ARE INVITED and WELCOME TO ATTEND OUR
FEBRUARY 2011 MONTHLY MEETING
[Our first meeting for the year]

GUEST SPEAKER - DR. ALEX DOUGLAS.
TOPIC - LET ALEX BE YOUR VOICE
VENUE - The Undercroft,
Rear Saint Peter's Anglican Church,
Cnr. Nerang & High Streets, Southport.
DAY AND DATE - Wednesday, 2 February 2011
TIME - 11:00 am to 12:30 pm

NOTE: - Morning tea will be served from 10:30 am. Come early and have a chat with other attendees.

[For a Gold Coin Donation]

Talking with others about your experiences, both before and after meetings, can often bring surprising results. A chance word may result in your learning how someone else overcame a problem you have, or the other person discovering how you mastered a problem they have. Come along to this meeting of the Gold Coast Stroke Support Group for you will almost certainly find someone there who has had a similar experience to your own. They may be able to suggest from their own trauma, ways and means to give you: -

A BETTER QUALITY OF LIFE.

SOMERVILLE FUNERALS are hosting a ***FINGER FOOD LUNCHEON AFTER*** the meeting.

The food served will include: -

SANDWICHES – SLICES AND CAKES – FRUIT PLATTERS USING FRUITS IN SEASON.
[Plus Fruit Juice. - Sandwiches are homemade.]

PLEASE NOTE: For catering purposes it will be necessary to give numbers attending.

RSVP to me by 5:00 pm on Monday 31/1/2011

Colin A. Oxenford
Chairman and Co-ordinator
21 January 2011

[Please note and read the newsletter on the reverse side – Thank you]

PLEASE REMEMBER: - STROKE IS A BRAIN ATTACK – PREVENTION IS THE KEY!

Thursday, 20 January 2011:-

CAO drove to Community Health, Bundall where 160 copies of the (1) Notice of Meeting to be held on 3rd February 2011; (2) Newsletter; (3) Norco Community Cash Caps collected in 2009 and (4) a Summary of 2009 Meetings to be put into the envelopes for posting and another 120 various coloured copies of the Notice of Meeting for distribution and display of the Meeting were photocopied. CAO also photocopied 15 Yeppoon Final Payment Notices which were cut in half and 20 2009 Attendees List.

CAO & DMO and Merv Drury & Ron Williams put the notices into the envelopes for posting.

The notices for 1/ Allamanda Private Hospital; 2/ Violet Atley; 3/ Charm, Palm Beach; 4/ John Dickson; 5/ Feelgood Corner Store; 6/ Aileen Hannah; 7/ Lorna Lippold; 8/ Kathleen Mancini; and 9/ Ron Williams were removed from the envelopes for posting for delivery by Colin Oxenford.

The notices for the residents of Paradise Lake Resort for 1/ Bill Briggs; 2/ Arthur & Marion Doyle; 3/ Bob & Brenda Holyoak; 4/ Gwen Killerby; and 5/ Brian Taylor were removed from the envelopes for posting. They were taken by Merv Drury to be delivered to Arthur & Marion Doyle by her for hand-delivery by the Doyle's.

CAO and Merv Drury then stamped all the envelopes for posting (122) on the reverse side with the "Speech Therapy" marking stamp.

CAO drove to the Gold Coast Hospital later in the afternoon where he placed the envelopes (122) in the slot in the MailRoom for posting.

Friday, 20 November 2009: -

CAO commenced the delivery of the hand delivery envelopes on this day. (All were delivered except the GCH and Allamanda Private Hospital)

Friday, 2 October 2009: -

CAO finalised the delivery of the hand delivery envelopes to the GCH and Allamanda Private Hospital on this day.

THERE WERE 196 NOTICES IN TOTAL FROM THE MAILING LIST OF LABELS. (107 posted (18/1/2011) & 15 deliveries + 74 e-mails) plus 15 from telephone contact to CAO (15 posted on 18/1/2011. Plus 15 Notices sent to Gold Coast City Council Councillors; 9 to State Government MPs and 5 to Federal MPs by e-mail).

The details are as follows: -

	TOTAL	POSTED	DELIVERIES	E-MAILS
MAILING LIST	195	107	14	74
TELEPHONE CONTACTS	15	15	Nil	Nil
GOLD COAST CITY COUNCIL	15	Nil	Nil	15
FEDERAL MPs	5	Nil	Nil	5
STATE MPs	9	Nil	Nil	9
TOTALS	239	122	14	103